

**3.2-mile Individual Time Trial Results - Wednesday, August 19, 2009**

NAME	MILES	TIME (mm:ss)	Av. MPH	
Mike Tindol	3.20	06:49	28.166	CR
Brian Herbert	3.20	07:15	26.483	PR
Andy Lydick	3.20	08:05	23.753	PR
Bruce Wexler	3.20	08:43	22.027	

**JUNIORS**

NAME	MILES	TIME (mm:ss)	Av. MPH	
David Goodman	3.20	07:05	27.106	PR/AG
Andrew Macrae	3.20	07:07	26.979	PR/AG
Philip O'Donnell	3.20	07:08	26.916	PR
Nick Frazier	3.20	07:14	26.544	PR/AG
Hunter Lydick	3.20	07:31	25.543	PR
Andrew Hodges	3.20	07:39	25.098	PR
Sam Tomaka	3.20	07:55	24.253	PR
Ben Rothschild	3.20	07:55	24.253	PR
Russell Tindol	3.20	07:56	24.202	PR
Zoe Frazier	3.20	07:57	24.151	PR/AG
Jonathan Cucaz	3.20	07:58	24.100	PR
Brody Hartley	3.20	08:24	22.857	
Stephanie Cucaz	3.20	08:34	22.412	PR/AG
Dominique Shore	3.20	08:37	22.282	PR
Fletcher Lydick	3.20	08:47	21.860	
Melissa Goodman	3.20	08:48	21.818	
Brittney Hartley	3.20	09:02	21.255	
Abigail Aldridge	3.20	09:03	21.215	PR/AG
Justin Bashe	3.20	09:08	21.022	PR
Nina Gummadi	3.20	09:11	20.907	
Adi Gummadi	3.20	09:42	19.794	PR
Rishi Mocherla	3.20	09:58	19.264	
Alex Wexler	3.20	10:17	18.671	
Connor Rell	3.20	11:02	17.402	PR

PR = Personal Record  
 AG = Age Group Record  
 Initial = 1<sup>st</sup> 3.2-mile ITT

PR-T = Tied Personal Record  
 CR = Course Record